

# positively perfect {nap}pillow

Because a perfect nap begins  
with perfect accessories.

an original pattern by April Rosenthal  
<http://www.aprilrosenthal.com>

Make (2) plus blocks and (2) dot blocks using the instructions found on the Moda Bake Shop "Positively Perfect Nap Quilt post."\*\* (January 17th, 2012)

Piece together the 4 blocks as shown, dots and pluses opposite each other. Press seams to one side.

From cream fabric, cut:  
(2) 1 1/4" x 12 1/2" strips  
(2) 1 1/4" x 14" strips.

From 1 jelly roll strip cut:  
(2) 2 1/2" x 14" strips

From second jelly roll strip cut:  
(2) 2 1/2" x 18" strips.

Use the strips to add borders to your block. First add the shorter cream borders to the sides, then the longer cream strips to the top. Repeat with your jelly roll strips to make outer borders. Square up to 18"

From various jelly roll strips, cut:

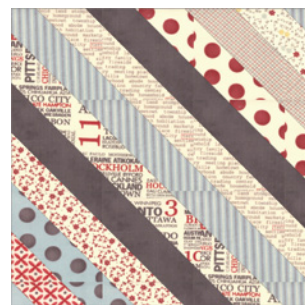
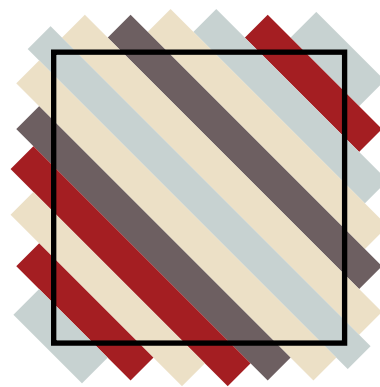
- (2) 2 1/2" x 6" strips
- (2) 2 1/2" x 10" strips
- (2) 2 1/2" x 13" strips
- (2) 2 1/2" x 19" strips
- (2) 2 1/2" x 23" strips
- (2) 2 1/2" x 26" strips
- (1) 2 1/2" x 28" strip

Mark the center of each strip lengthwise. Lay out strips from shortest to longest, and then back to shortest again, as shown. Pin and sew strips together, aligning middle marks. Press seams open.

Cut a 18" square from your diagonally pieced block.

Back each block with low-loft batting and quilt as desired. Put right sides together, stitch around the outside using a 1/2" seam allowance, leaving a 5" opening. Clip corners, turn right side out. Fill with stuffing to desired firmness. Stitch opening closed by hand or machine.

**MATERIALS:**  
1/4 yard cream fabric  
8-12 jelly roll strips  
20" x 40" low loft batting  
polyester pillow stuffing



\*\*Original "Positively Perfect Nap Quilt" tutorial can be found at:  
<http://www.modabakeshop.com/2012/01/positively-perfect-nap-quilt.html>